

John Paston wrote several letters arranging deliveries of treacle to his family as it was believed to be one of many cures for the Plague. It contained around 60 ingredients, one being the flesh of roasted viper!

Invent your own cure or remedy and design a poster to advertise it – be as creative as you like!

*Make sure you include the following:*

- Your product's name
- Ingredients
- What symptoms does it treat?
- Directions for use
- Any additional actions required?

